



HIS House: Kitchen

Week 44: Loneliness

Monday

1) When did Jesus experience human loneliness?

Matthew 26:56

Mark 15:1-34

John 16:32

Tuesday

2) What comfort for loneliness do you find in these verses below?

Psalms 9:10, 23:1-4, 68:4-6, 139:1-18

2 Timothy 4:16-18

Wednesday

3) What steps found in I Peter 5:7 and I Corinthians 10:13 can you take to turn times of loneliness into times of solitude by using it to connect to God?

Thursday

4) How can you apply the following verses in your life?

Deuteronomy 31:6-8

Psalms 62:5-8

John 16:32-33

Romans 8:28, 38-39

Friday

5) Write down 2-3 steps to implement the things you learned this week. Ask yourself what action God is leading you to take.
What things do you need to start / stop doing?

6) Write a personal prayer as you talk to God, asking for His help to apply the lesson you have just studied.