

Biblical Christian?

A Companion Bible Study for Mondays With Mark



Opening Prayer

Heavenly Father,

Thank You for giving us Your Word as the foundation for truth and life. As we study today, help us honestly examine our hearts and our daily walk with You. Reveal the places where our thoughts, words, and actions do not fully reflect Your will.

Teach us to pursue holiness through the guidance of Scripture and the power of Your Holy Spirit. May we grow into faithful disciples who seek to honor You in everything we think, say, and do.

In Jesus' name, Amen.

Introduction: What Does It Mean to Be a Biblical Christian?

Many believers would quickly answer 'yes' if asked whether they are a Biblical Christian. Yet the deeper question may not simply be if we are one—but how consistently we live according to Scripture.

Another way to ask the question might be: What percentage of your life is governed by biblical truth?

Most believers would like to say 100%. Yet when we examine our thoughts, words, decisions, and actions honestly, we recognize that we often fall short.

Even mature believers struggle with aligning every aspect of life with God's Word.

The goal of the Christian life is continual growth toward that alignment.

The Foundation of Biblical Faith

A Biblical Christian builds faith on the core truths revealed in Scripture.

These include doctrines such as salvation through Jesus Christ, sanctification and spiritual growth, redemption through Christ's sacrifice, grace and mercy from God, the reality of heaven and hell, God's sovereignty and holiness, and the Trinity.

These truths form the foundation of Christian belief.

Yet Christianity is not merely belief—it is a way of living shaped by those beliefs.

James 1:22 reminds believers:

KJV: 'But be ye doers of the word, and not hearers only.'

NIV: 'Do not merely listen to the word... Do what it says.'

Biblical Christianity involves both faith and obedience.

Living Carefully in a Fallen World

The Apostle Paul emphasized this in his letter to the Ephesians.

Ephesians 5:15–16

KJV: 'See then that ye walk circumspectly, not as fools, but as wise, redeeming the time, because the days are evil.'

NIV: 'Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil.'

Paul's instruction is clear: believers must live carefully and intentionally.

Greek Insight: Walk Carefully

The Greek word translated 'walk' is *peripateō*. It means to conduct one's life or daily behavior.

Paul's message is essentially: live your life with deliberate spiritual awareness.

Christian faith should guide every part of life.

Pause & Reflect

- Do your daily decisions reflect biblical principles?
- Are your thoughts aligned with Scripture?
- How intentional are you about living according to God's Word?

Recognizing the Struggle With Sin

Even when believers desire to live according to Scripture, the reality of human nature remains.

Romans 3:23

KJV: 'For all have sinned, and come short of the glory of God.'

NIV: 'For all have sinned and fall short of the glory of God.'

Paul describes the acts of the sinful nature in Galatians.

Galatians 5:19–20a lists sexual immorality, impurity, idolatry, hatred, jealousy, rage, selfish ambition, dissensions, factions and envy.

The Role of the Holy Spirit

God did not intend for believers to fight this battle alone.

When a person places faith in Jesus Christ, the Holy Spirit comes to dwell within them.

John 16:13

KJV: 'When he, the Spirit of truth, is come, he will guide you into all truth.'

NIV: 'When he, the Spirit of truth, comes, he will guide you into all the truth.'

The Holy Spirit enables believers to grow toward becoming fully biblical in their thinking, speaking, and living.

Hebrew Insight: The Heart

In Scripture, the heart represents the center of thought, will, and desire.

The Hebrew word is *lev*.

Proverbs 4:23

KJV: 'Keep thy heart with all diligence; for out of it are the issues of life.'

NIV: 'Above all else, guard your heart, for everything you do flows from it.'

Pause & Reflect

- Which areas of your life are hardest to align with Scripture?
- How often do you seek the Holy Spirit's guidance in your decisions?
- What practical step could help you grow in biblical obedience?

Growing Toward a Fully Biblical Life

The Christian life is a process of continual growth known as sanctification.

Romans 12:2

KJV: 'Be not conformed to this world: but be ye transformed by the renewing of your mind.'

NIV: 'Do not conform to the pattern of this world, but be transformed by the renewing of your mind.'

Practical Steps Toward Biblical Living

Believers grow through consistent spiritual habits: reading Scripture, prayer for guidance, sensitivity to the Holy Spirit, and obedience to biblical principles.

Psalm 119:105

KJV: 'Thy word is a lamp unto my feet, and a light unto my path.'

NIV: 'Your word is a lamp for my feet, a light on my path.'

Final Reflection

The question 'Are you a Biblical Christian?' invites deep personal reflection.

None of us live perfectly according to Scripture.

But the goal of the Christian life is continual growth toward that standard.

Through the power of the Holy Spirit and the truth of God's Word, believers can move closer each day to living fully for God's glory.

Closing Prayer

Lord,

Thank You for the truth of Your Word and the guidance You provide through the Holy Spirit. Forgive us for the times when our thoughts, words, and actions fail to reflect Your truth.

Help us become more intentional in living according to Scripture. Strengthen our desire to honor You in every decision we make.

Transform our hearts and renew our minds so that our lives bring glory to You.

In Jesus' name, Amen.

Sources

Mondays With Mark Devotional Video Series — 'Biblical Christian?'

Holy Bible — King James Version (KJV) and New International Version (NIV)

Lexical Resources: Strong's Concordance, Brown-Driver-Briggs Hebrew Lexicon, Bauer-Danker Greek Lexicon (BDAG)